

Caregiver Tip – September 2019

Help Grandparents Stay In Touch

Contributed by: Bruce Maples, *Sales & Community Outreach Coordinator*

Grandparents are proud of their grandchildren. We encourage them to talk about them and ask for updates. To strengthen their special bonds, encourage them to keep in touch in a variety of ways. We write and mail greeting cards for holidays occasions. We might set up and dial phone calls, or send/receive e-mails or texts (preferably with images). Even better, video calls, such as Skype or FaceTime. (We recommend using a bigger screen than a smartphone.) And we might even share with them social media posts of their grandchildren. The use of technology may not be in their comfort zone, but as soon as they see/hear a grandchild, all their attention is focused on them.



I invite you to discover the difference Liberty Ridge can make in your life or the life of someone you love.